



BIRTH AND BEYOND

Class

Join one of our **FREE**, virtual, 4 week-series of online classes and get the facts! Classes are taught by Certified Childbirth Educators. All birthing persons, and their partners, are welcome to attend.

- Labor and Delivery
- Postpartum Planning
- Newborn Care

Upcoming Class Series:

- March 2nd-23rd, Mondays
- April 6th-27th, Mondays

GRAB YOUR SPOT EARLY!

Register using the QR code above, or visit
www.swmpqic.com/freeclasses

