

THE NEST:

A welcoming community for moms and babies during the first year.



You Are Not Alone in Motherhood

Join us for support, education, and connection with other mothers during the first year after birth.

Open to all mothers with babies under 1 year old. Babies welcome.

Includes:

- Peer support and discussion
- Emotional wellness education
- Breastfeeding and postpartum resources
- Refreshments and giveaways
- Gas cards while supplies last

Upcomming Sessions

2026

September 17th 1-3pm
November 19th 1-3pm

2027

January 21st 1-3pm
March 18th 1-3pm
May 20th 1-3pm
July 15th 1-3pm

Featured Topics @ 1:30pm

Helpful Presentations and Discussions

Questions?

Scan for more info



Hosted by the Oaklawn Birth Center Team in partnership with SWMPQIC / Mi-AIM
and supported by The Coordinating Council of Calhoun County.

