



Infant Feding

There are many ways to feed your baby. Come learn and find the right method that fits your family, your lifestyle, and your goals. This two hour class is taught by Certified Childbirth Educators and an IBCLC. All birthing and lactating people and their partners are welcome to attend.





• January 8^{th,} 2026, 6pm-8pm



Grab your spot early!



Register for class at www.swmpqic.com/freeclasses or use the QR Code