




SWMPQIC

Southwest Michigan Perinatal
Quality Improvement Collaborative
go as soon as you know

Region 8 Resources

Fall 2022



Due to the ever-changing nature of programs and points of contact, the information contained in this document may not be up to date. If you notice that something needs to be updated or added to this list, please send an email to alyssebreckenridge@gmail.com for revision.

Thank you for all of your work in the community!



Berrien County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional info
Home Visiting	NFP	First time parents up to 2 years (prenatal-2 years) in Berrien County	(269) 926-7121	
	MIHP (Silver Lining Family Services)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 473-6060	Agency specializes in Spanish speaking and migrant communities
	Early Head Start (Tri-County Council for Child Development)	Prenatal-3 years	(269) 657-2581 ext 114	Income requirements
	Infant Mental Health (Berrien Mental Health Authority)	Prenatal-3 years	(269) 934-1623	
	Parents as Teachers (Berrien RESA, PAT program)	Prenatal-Kindergarten entry	(269) 471-7725 ext. 3384	
	Early On (Berrien RESA)	Children ages birth-3, with suspected or diagnosed developmental disabilities	(269) 471-7725 ext. 3301	
Breastfeeding	Berrien County Health Department (WIC and Berrien County Breastfeeding Coalition)		(269) 926-7121 breastfeeding @bchdmi.org	Social Media: Berrien County Breastfeeding Coalition
	LactPower		(269) 325-0557	Social Media: LactPower

			lactpower00@gmail.com	
	Shine Breastfeeding Club			Social Media: SHINE Breastfeeding Club
	Lakeland Health Breastfeeding Support (Denise Lenardson, RN)		(269) 927-5355	
Adolescent Pregnancy and Parenting	MI-APPP (MI Adolescent Pregnancy and Parenting)- Berrien County Health Department	Adolescents between the ages of 14 to 21 who are pregnant and/or a parenting mom or dad	269-927-5607	
WIC	Berrien County Health Department		Benton Harbor location- (269) 927-5646	
			Niles location- (269) 684-2800	
			Three Oaks location- (269) 756-2008	
Health Department	General Number		(269) 926-7121	
MDHHS	Berrien County MDHHS		Benton Harbor (269) 934-2000	
Food Pantries	Seventh Day Adventist Church		(Benton Harbor)- (269) 252-9929	

	St. Augustine of Canterbury		Benton Harbor)- (269) 925-2670	
	Community Food Link		(269) 982-4100	
	Feeding America Food Bank		Benton Harbor- (269) 926-2646	
Diapers	Neighbor to Neighbor		Berrien Springs (269) 471-7411	
Baby Pantries	Women's Care Center		Niles- (269) 684-4040	
Emergency Domestic Violence Housing	The Connections		Benton Harbor- (269) 925-1131	
Rent and Utility Assistance	Salvation Army		Niles- (269) 684-2660	
	Southwest Community Action		(269) 925-9077	
Clothing	Harbor County Mission		(269) 426-0001	

Branch County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional info
Home Visiting	MIHP (Cradle Connections)	Medicaid eligible pregnant people and infants up to 12 months of age	(517) 465-7200	
	Early Head Start (Branch ISD Head Start)	Prenatal-3 years	(517) 279-5830	Income requirements
	Infant Mental Health (Pines Behavioral Health)	Prenatal-3 years	(517) 279-8404	
	Early On (Branch ISD)	Children ages birth-3, with suspected or diagnosed developmental disabilities	(517) 279-5813	
Breastfeeding Support	Branch-Hillsdale-St. Joseph Community Health Agency		Coldwater: (517) 279-9562 ext 121, AFTER HOURS: (517) 617-2252	
			Hillsdale: (517) 437-7395 ext 330, AFTER HOURS: (517) 617-5585	
			Three Rivers: (269) 273-2161 ext 223,	

			AFTER HOURS: (517) 617-5098	
WIC	BHSJ Community Health Agency		Coldwater location- (517) 279-9561	
Health Department	Branch-Hillsdale-St. Joe Community Health Agency		Coldwater location- (517) 279-9561	
			Hillsdale location- (517) 437-7395	
MDHHS	Branch County MDHHS		(Coldwater) (517) 279- 4200	
Food Pantries	Community Action Agency		1-877-422-2726	
	Branch Area Food Pantry		Coldwater- (517) 279- 0966	
	Bronson Food Pantry (Bronson Theatre)		(517) 369-8545	
	Southern Michigan Food Pantry		Battle Creek-(269) 964-3363	
Diapers	Tekonsha Food Pantry		(Diapers available here) (571) 767-4199	
Domestic Violence Assistance	"278 Safe"		(517) 278-SAFE	
Rent and Utility Assistance	Community Action Agency		(269) 441-1335	

Calhoun County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional info
Home Visiting	MIHP (Calhoun County Health Dept)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 969-6392	
	MIHP (Cradle Connections)	Medicaid eligible pregnant people and infants up to 12 months of age	(517) 465-7200	
	MIHP (Twenty Hands LLC)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 459-8091	Specializes in Spanish speakers and migrant communities
	Early Head Start (Community Action Agency of South Central MI)	Prenatal-3 years	(269) 441-1600	Income requirements
	Infant Mental Health (Family and Children Services of Battle Creek)	Prenatal-3 years	(269) 965-3247	
	Infant Mental Health (Summit Pointe)	Prenatal-3 years	(269) 966-1460	
	Calhoun County NFP	First time parents up to 2 years (prenatal-2 years) in Calhoun County	(269) 969-6392	

	Parents as Teachers (Calhoun ISD)	Prenatal-Kindergarten entry	(269) 781-5141	
	Early On (Calhoun ISD)	Children ages birth-3, with suspected or diagnosed developmental disabilities	(269) 660-2732	
Breastfeeding Support	Calhoun County Breastfeeding Coalition		(269) 962-2181 olivia@bccfoundation.org	Social Media: Breastfeeding Coalition of Calhoun County
	Milk Like Mine		milklikemine@gmail.com	Social Media: Milk Like Mine
WIC	Calhoun County Health Department		Breastfeeding 24/7 "warm line":- (269) 339- 1669	
			Battle Creek location- (269) 969-6860	
			Albion location (866) 303-9436	
Health Department	General line		Battle Creek (269) 969- 6370	
MDHHS	Calhoun County MDHHS		Battle Creek (269) 966- 1284	

Diapers	Charitable Union		Battle Creek-(269) 964-7234	
	Community Unlimited		(269) 245-9101 (Family Coaching)	
	Parkway Mano Diaper Distribution		(269) 969-6370	
Food Pantries	South Michigan Food Bank		(269) 964-3663	
	Northeast Neighborhood Food		Battle Creek- (269) 969-2451	
	Marshall Area Community Services		Marshall- (269) 781-2954	
Baby Pantry	Alternatives Battle Creek		Battle Creek- (269) 288-2890	
Emergency Housing	In As Much House		Battle Creek-(269) 660-2945	
	Gracious Homes		Battle Creek- (269) 966-2947	
Emergency Domestic Violence Housing	SAFE Place Shelter		(Battle Creek) (269) 965-6093	
Rent and Utility Assistance	Community Action Agency		1-877-422-2726	
Clothing	Charitable Union		Battle Creek-(269) 964-7234	

Cass County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional info
Home Visiting	MIHP (Silver Lining Family Services)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 473-6060	Specializes in Spanish speakers and migrant communities
	Early Head Start (Tri-County Council for Child Development)	Prenatal-3 years	(269) 657-2581 ext 114	Income requirements
	Infant Mental Health (Woodlands Behavioral Healthcare Network)	Prenatal-3 years	(269) 445-2451	
	Parents as Teachers (Heritage ISD)	Prenatal-Kindergarten entry	(269) 445-6283	
	Family Spirit (Pokagon Health Center)	Prenatal-3 years	(269) 462-4406	Program focused on supporting Native American families
	Early On (Cass ISD)	Children ages birth-3, with suspected or diagnosed developmental disabilities	(269) 445-6260	

Breastfeeding Support	Birth Queens and Milk Queens		(269) 861-6163 birthqueensmilkqueens@gmail.com	Social Media: Birth Queens and Milk Queens
WIC	WIC (Intercare)		Dowagiac location- (269) 782-3374	
Health Department	Vanburen/Cass District Health Department		Dowagiac- (269) 782-0064	
			Hartford- (269) 621-3143	
MDHHS	Cass County MDHHS		(Cassopolis) (269) 445-0200	
Emergency Housing	Keystone Place Family Shelter		(Centerville)- (269) 467-7078	
	Child and Family Services		(Benton Harbor) 1-888-237-1891	
Emergency Domestic Violence Housing	Hellman House		1-800-828-2023	
	Three Rivers Domestic Violence Shelter		1-800-828-2023	
Food Pantries	Helping Hands		(Cassopolis) (269) 445-8104	
	ACTION Ministries		(Dowagiac) (269) 782-0000	

Baby Pantry	Helping Hands		(Cassopolis) (269) 445-8104	
Rent and Utility Assistance	Southwest Community Action		(Benton Harbor) 1-800-334-7670	
Clothing	Helping Hands		Helping Hands (Cassopolis) (269) 445-8104	
	Building Hope Free Store		(Centerville) (269) 503-5134	

Kalamazoo County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional info
Home Visiting	MIHP (Kalamazoo County Health Dept)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 373-5067	
	Healthy Babies, Healthy Start	Prenatal-2 years	(269) 373-5279	May have income requirements
	Parents as Teachers (KRESA, Seeds for Success)	Any family, prenatal-5 years	(269) 250-9647	No income requirements
	MIHP (Twenty Hands LLC)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 459-8091	Specializes in Spanish speakers and migrant communities
	Early Head Start (KRESA)	Prenatal-3 years	(269) 250-9845	Income requirements
	Infant Mental Health (Elizabeth Upjohn Community Healing Center)	Prenatal-3 years	(269) 343-1651	
	Infant Mental Health (Kalamazoo CMH, Healing Circle)	Prenatal-3 years	(269) 553-8000	

	Kalamazoo County NFP	First time parents up to 2 years (prenatal-2 years) in Kalamazoo County	(269) 373-5067	
	Kalamazoo County Early On (KRESA)	Children ages birth-3, with suspected or diagnosed developmental disabilities	(269) 250-9649	
Breastfeeding Support	Birth Queens and Milk Queens		(269) 861-6163 birthqueensmilkqueens@gmail.com	Social Media: Birth Queens and Milk Queens
	Kalamazoo Breastfeeding Coalition		kapear@kalcounty.com	Social media: Kalamazoo Breastfeeding Coalition
WIC	WIC (Kalamazoo County Health Department)		Kalamazoo (Alcott) location- (269) 349-2647	
			Kalamazoo (Paterson) location- (269) 349-2647	
			Kalamazoo (Sunnyside) location- (269) 373-5002	

			Galesburg location- (269) 373-5002	
			Vicksburg location- (269) 349-2647	
Health Department	General Line		(269) 373-5200	
MDHHS	Kalamazoo County MDHHS		(269) 337-4900	
Food Pantries	Kalamazoo Loaves and Fishes		(multiple sites throughout Kalamazoo County)- "Need Food Line"-(269) 343-3663	
Diapers	St. Luke's Diaper Bank		(Kalamazoo)- (269) 343-6185	
	First Steps Baby Pantry		(269) 629-4747	
	Kalamazoo Deacon's Conference		(269) 344-7333	

Emergency Housing	Kalamazoo Gospel Mission		(Kalamazoo) (269) 345-2974	
Emergency Domestic Violence Housing	YWCA		24/7 Hotline (269) 385-3587	
Clothing	Kalamazoo Free Store (Sunnyside Church)		(269) 774-8758	
	Kalamazoo Dream Center		(269) 382-4760	

St. Joseph County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional Info
Home Visiting	MIHP (Cradle Connections LLC)	Medicaid eligible pregnant people and infants up to 12 months of age	(517) 465-7200	
	Early Head Start (St. Joseph County ISD)	Prenatal-3 years	(269) 467-5400	Income requirements
	Early Head Start (Community Action Agency of South Central MI)	Prenatal-3 years	(269) 441-1600	Income requirements
	Infant Mental Health (St. Joseph County CMH)	Prenatal-3 years	(269) 467-1000	
	Early On (St. Joseph ISD)	Children ages birth-3, with suspected or diagnosed developmental disabilities	(269) 467-5400	
Breastfeeding Support	Birth Queens and Milk Queens		(269) 861-6163 birthqueensmilkqueens@gmail.com	Social Media: Birth Queens and Milk Queens

WIC	BHSJ Community Health Agency		Three Rivers location- (269) 273-2161	
			Sturgis location- (269) 319-6280	
Health Department	Branch-Hillsdale-St. Joe Community Health Agency		Three Rivers location- (269) 273-2161	
MDHHS	St. Joseph County MDHHS		(Centerville) 467-1200	
Emergency Domestic Violence Shelter	Hellman House		1-800-828-2023	
	Three Rivers Domestic Violence Shelter		1-800-828-2023	
Food Pantries	All Nations SDA Church		(269) 473-4400	
	Constantine Food Bank		(269) 435-9785	
	Holy Angels Helping Hands		(269) 651-5200	
	Emergency Care Network		(Three Rivers) (269) 273-2147	
	White Pigeon Care Program		(White Pigeon) (269) 483-7621	
Diapers	Holy Angels Helping Hands		(269) 651-5200	

Emergency Housing	Keystone Emergency Shelter		(Centerville) (269) 467-7078	
Clothing	County Closet		(269) 279-6183	

Van Buren County Resources

Program Category	Program Type	Eligibility	Contact Info	Additional Info
Home Visiting	MIHP (Silver Lining Family Services)	Medicaid eligible pregnant people and infants up to 12 months of age	(269) 473-6060	Agency specializes in Spanish speakers and migrant communities
	Early Head Start (Tri-County Council for Child Development)	Prenatal-3 years	(269) 657-2581 ext 114	Income requirements
	Infant Mental Health (Van Buren Community Mental Health Authority)	Prenatal-3 years	(269) 427-6729	
	Parents as Teachers (Van Buren ISD/Great Start/ Family Links)	Prenatal-Kindergarten entry	(269) 539-5214	
Breastfeeding Support	Birth Queens and Milk Queens		(269) 861-6163 birthqueensmilkqueens@gmail.com	Social Media: Birth Queens and Milk Queens
Young parenting support	HOPE Parent Resource Center	A group designed for moms and dads who	South Haven- Call or text (269) 872-3172	Social Media: HOPE Parent Resource Center

		are 23 or younger – pregnant or parenting a child under the age of one		
WIC	WIC (Intercare)		Bangor location-(269) 427-7914	
			Paw Paw location- (269) 655-8900	
			Pullman location- (269) 236-5292	
Health Department	Van Buren/Cass County Health Department		(Hartford) (269) 621-3143	
MDHHS	Van Buren County MDHHS		(Hartford) (269) 621-2800	
Emergency Domestic Violence Housing	Hellman House		1-800-828-2023	
	Three Rivers Domestic Violence Shelter		1-800-828-2023	
Emergency Housing	Child and Family Services		(Benton Harbor) 1-888-237-1891	
Rent and Utilities	Southwest Michigan Community Action		(Benton Harbor) (269)925-9077	

Diapers/Baby Items	Call "We Care" for appointments		Peace Lutheran Church (South Haven) - Call "We Care" for appointment (269) 637-4342	
			Simpson United Methodist Church (Bangor)- Call "We Care" for appointment (269) 637-4342	
			Covert Community Church (Covert)- Call "We Care" for appointment (269) 637-4342	
Food Pantries	Eleanor's Pantry		(Paw Paw) (269) 415-0444	
	Watervliet Free Methodist Church		(269) 8280	
Rent and Utility Assistance	"We Care"		(269) 637-4341	
Clothing	Decateur Human Services		(269) 423-6474	
	Church of Nazarene		(South Haven). Call "We Care" for referral (269) 637-8941	

Thank you for all of your hard work!

Follow SWMPQIC on social media for more resources and information!

