



Southwest Michigan Perinatal Quality Improvement Collaborative

BIRTH AND BEYOND

Class

Join one of our **FREE**, virtual, 4 week-series of online classes and get the facts! Classes are taught by Certified Childbirth Educators. All birthing persons, and their partners, are welcome to attend.

- Labor and Delivery
- Postpartum Planning
- Newborn Care

Upcoming Class Series:

- Thursdays in October (9th-30th)
- Tuesdays in November (4th-25th)
- Mondays in December (1st-22nd)

GRAB YOUR SPOT EARLY!

For more information and registration, visit www.swmpqic.com/freeclasses or use the QR code

