

**FREE
ENTRY**

“Birth and Beyond” Class

**6 week series of classes, held
virtually, every Thursday from
May 16th-June 20th
6pm-8pm**

Join forces with certified childbirth educators, mental health gurus, IBCLCs, and a physician to unlock the secrets of birth and postpartum in a cozy, virtual hub. You'll have a chance to grill the experts with your questions, and they'll dish out savvy answers.



**Register
using the
QR code or
click HERE**



**Get FREE
gifts for
attending**

Here's what's in store for you:

- **Weeks 1-3:** Labor and Delivery
- **Week 4:** What happens after birth
- **Week 5:** Newborn care
- **Week 6:** Infant feeding

