Children's Special Health Care Services' Family Center Presents:

A Parent Panel Discussion

A New Year, A Little More You: Finding Hope, Joy, and Ways to Nurture Yourself

Date: Dec 9, 2026
Time: 3:30 p.m. to 5:00 p.m. (EST)

Join us for an uplifting discussion about finding joy, embracing hope, and making time for yourself while caring for a child with special health care needs. The parent panel will share their personal experiences, challenges, and practical tips for nurturing their well-being while caregiving.

Registration: https://redcap.link/Dec.ParentPanel



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Questions? Call the CSHCS Family Phone Line 800-359-3722

Use QR code to see more webinars on our website!