



Participants who complete the series and a short evaluation get a \$75 Visa gift card!

FREE VIRTUAL CHILDBIRTH EDUCATION CLASSES

Wednesday, November 10th, 17th, and 24th
from 4:00 to 5:30 PM with Dorothy Parker

Monday, December 6th, 13th, and 20th
from 4:00 to 5:30 PM with Kristina Ledlow

Saturday, January 15th, 22nd and 29th
from 10:00 to 11:30 AM with Erica Guthaus

Wednesday, February 9th, 16th and 23rd
from 4:00 to 5:30 with Dorothy Parker

Saturday, March 12th, 19th, and 26th
from 10:00 to 11:30 AM with Erica Guthaus

The virtual childbirth education course is a series of three informational sessions for expecting mothers and their family members. These sessions cover pregnancy, birth, Q & A with the instructor, and more!

TO REGISTER VISIT:

<http://bit.ly/VirtualChildbirthClass>