



BIRTH AND BEYOND

Class

Join one of our **FREE**, virtual, 4 week-series of online classes and get the facts! Classes are taught by Certified Childbirth Educators. All birthing persons, and their partners, are welcome to attend.

- Labor and Delivery
- Postpartum Planning
- Newborn Care

Upcoming Class Series

April 6th-27th, Mondays

May 5th-26th, Tuesdays

June 4th-25th, Thursdays

July 6th-27th, Mondays

GRAB YOUR SPOT EARLY!

Register using the QR code above, or visit
www.swmpqic.com/freeclasses

